

What do you absorb from chemical beauty product?

and children absorb nearly 50% more than adult

Parabens, (Methyl, Butyl, Ethyl, Propyl)

are used as chemical preservatives in wide array of personal care products such as moisturizers, shampoos, foundations and many more. Some say excessive amount of exposure to parabens may lead to breast cancer.

Sulfates (sodium lauryl sulfate, sodium laureth sulfate)

are found in variety of products from toothpaste to cleansers to also help with foaming. Sulfates are known to strip away valuable moisture and protective barriers, irritating the skin more.

Phthalates

are used in cosmetics as lubricants (softeners). You can find these in products such as nail polish, shampoos, moisturizers, hair sprays, toys, detergents, and other variety of products. It is known to have some possible effects on hormones.

Fragrance

is basically a blend of aromatic extracts from natural and synthetic ingredients. Used in nearly 50% of beauty products. Without you knowing, fragrance can irritate skin, have toxic hormonal effects, and may even cause cancer.

Triclosan

Synthetic antibacterial ingredient. EPA registers it as a pesticide, posing risks to human health and environment. Classified as a chlorophenol, chemicals suspected of causing cancer in humans. It has been shown to work as both a hormone and thyroid disruptor.

Sunscreen chemicals

oxybenzone, Avobenzone, benzophenone, PABA ethoxycinnamate are commonly used ingredients that are known free radical generators and are believed to damage DNA or lead to cancers. It has been linked to skin irritation and allergies.

PEG

(Polyethylene glycol)

are widely used in cosmetics as thickeners and softeners. If used on broken or damaged skin, it can cause irritation and system toxicity. In addition, PEGs can reduce the skin's moisture levels and speed up skin aging.

Formaldehyde

is a colorless, flammable gas. Widely used as preservatives in beautycare for example nail polish, makeup, lotions, and deodorants. Short term exposure can cause skin irritation, difficulty in breathing, watery eyes and burning in the nose when inhaled.

DEA -Diethanolamine, MEA-Monoethanolamine TEA-Triethanolamine

are used as emulsifying agents, fragrances and pH adjusters in soaps, cosmetics, & household cleaning products. Easily absorbed through skin to accumulate in body organs and the brain. It can also causes skin irritation and hormone disruption.

Petroleum

pops up in so many beauty products, it's ridiculous. it's the very same substance from which your motor oil is made. It hides behind many names that you should familiarize yourself with. They are:
Petrolatum Xylene
Toluene Mineral oil
Liquid paraffin

Propylene Glycol (PG) & Butylene Glycol

is derived from petroleum. Used in variety of products from lipsticks to shampoos. It aids harmful chemicals to enter into your skin faster, causing irritation. It tends to sit on the surface of skin after you rinse it, dissolving the fats and oils your skin needs to stay nourished.

Phenoxyethanol

Used as an anti-bacterial in cosmetics and stabilizer in perfumes, it is harmful if swallowed, inhaled or absorbed through skin, especially to nursing mothers or infants. It can irritate skin and eyes, and can cause blistering on skin as well.